



HSG TURBINE ZITTAU // ATHLETIC CLUB HORST-SEIFERT-MEETING 2019

Stand 20.03.2019



Competition Director Jens Schoening, Zittau
TIC Manager Simone Geißler, Zittau
Treasurer Ralph Michel, Oybin
Check in Manager Claudia Riedel, Zittau
Awards Manager Jörg Gullus, Zittau
Chief Referee Karin Adler, Zittau
Technical Facilities HSG Turbine Zittau/
 Schul- und Sportverwaltung Zittau

► **DATE**

Saturday, April 27, 2019

► **SITE**

Weinauparkstadion, 02763 Zittau, Germany

► **VENUE**

400 m eight-lane athletics track
 (Tartan track – spike length 6 mm)

► **REGISTRATION DEADLINE**

Saturday, April 20, 2019 by e-mail
 First come, first serve: As the number of participants is limited to 600, registrations will be accepted in the order of their receipt.

► **REGISTRATION ADDRESS**

HSG Turbine Zittau, Schrammstr. 63, 02763 Zittau
 E-mail: la.meldung@hsg-zittau.de

► **EVENTS**

Boys 7, Girls 7 | 2012
 50 m, Long Jump, Ball Throw (80 g)
Boys U10, Girls U10 | 2011/2010
 50 m, 800 m, Long Jump, Ball Throw (80 g), 4x50 m
Boys U12, Girls U12 | 2009/2008
 50 m, 800 m, Long Jump, High Jump, Ball Throw (80 g), 4x50 m
Boys U14, Girls U14 | 2007/2006
 75 m, 800 m, Long Jump, High Jump, Ball Throw (200 g), Shot Put, 4x75 m
Boys U16, Girls U16 | 2005/2004
 100 m, 800 m, 3.000 m, Long Jump, High Jump, Shot Put, Javelin Throw, 4x100 m
Men U18, Women U18 | 2003/2002
 100 m, 800 m, 1.500 m, 3.000 m, Long Jump, High Jump, Shot Put, Javelin Throw, 4x400 m
Men U20, Women U20 | 2001/2000
 100 m, 800 m, 1.500 m, 3.000 m (W), 5.000 m (M), Long Jump, High Jump, Shot Put, Javelin Throw, 4x400 m

Men, Women

100 m, 800 m, 1.500 m, 5.000 m, Long Jump, High Jump, Shot Put, Javelin Throw, 4x400 m

► **ENTRY FEES**

Early Bird Registration: no fees *by April 20, 2019*
 Late Registration: 5,00 € per event *from April 21, 2019 thru April 27, 2019.*

► **ON-SITE CHECK IN / ENTRY MATERIALS**

Please contact the registration center in order to pick up your package (bib numbers etc.) and to pay any late registration fees. The RC will be open from *8 a.m.*

► **LATE REGISTRATION**

Late entries will only be accepted up to *120 minutes* before the start of the respective competition.

► **TELEPHONE**

A contact telephone number is available on +49 160 92381692 on the day of the event.

► **RELAYS**

Relay Team entries must be made using the official form. The team leader must hand in the completed form to the TIC before *12:30 p.m.*

► **CALL ROOM**

All athletes without exception must report to the Call Room *15 minutes* preceding the advertised start time for their event. Failure to do so will make the athlete liable for disqualification.
 Three call rooms will be in operation:
 Call Room 1 outside the stadium: all field events,
 Call Room 2 at the 100m start: 50m finals, 75m and 100m,
 Call Room 3 on the opposite straight stretch: 50m heats.
 The athletes will be escorted to the event site for competition.
 If an athlete is already or likely to be competing in another event at the designated Call Room marshalling time, the athlete or someone on his/her



behalf must notify the Call Room of this prior to the designated marshalling time.

7-9's will be called one division at a time (20 minutes before first event) and will not adhere to the above time.

► **BIB NUMBERS**

All athletes must wear their assigned numbers during the competition on their chest. You will receive your Bib number at check in.

► **WARM-UP AREA**

Facilities for warming-up will be available very close to the stadium. Athletes will not be permitted to use the competition track or field event sites except during authorized and published practice sessions and only the oval outside the straight stretches may be used.

► **INFIELD**

Coaches, supervisors and parents are not allowed on the infield during competition. This area is for officials and competing athletes only.

► **SEEDING RULES**

In the Long Jump competitions, 7-U12 athletes take-off from a runway marker.

7- U12: all athletes will receive 3 throws/jumps

U14 and older: all athletes will receive 3 throws/jumps with the top 8 having 3 further attempts.

► **TRACK EVENTS**

U10-U16: There will be heats and a final for the 50m, 75m and 100m. For all finals, athletes must report to the competition area 10 minutes before the advertised starting time of their event.

Should entry numbers not reach the required number for heats to take place (> 8), the event will proceed direct to final and always be conducted at heats time. All other track events will be timed finals.

► **HEIGHTS OF JUMPS**

Men/M U20/M U18/Boys U16

1,30 m - 1,50 m raised 5 cm, then 3 cm

Boys U14

1,15 m - 1,35 m raised 5 cm, then 3 cm

Boys U12

1,00 m - 1,20 m raised 5 cm, then 3 cm

Women/W U20/W U18/Girls U16

1,20 m - 1,40 m raised 5 cm, then 3 cm

Girls U14

1,10 m - 1,30 m raised 5 cm, then 3 cm

Girls U12

1,00 m - 1,20 m raised 5 cm, then 3 cm

► **AWARDS CEREMONY**

The awards ceremony for the first three places (medal and certificate) will take place approx. 30 minutes after the end of each competition, but at 12 p.m. at the earliest, in the awards area of the stadium.

Athletes must report to the awards area in their team's official uniform.

► **INFORMATION / RESULTS**

All information will be posted at the stadium on the wall adjacent to the TIC. Results and start lists will also be available here.

Furthermore results will be posted live on the website at www.laportal.net and at www.turbine-zittau.de/la immediately after the competition.

► **LIABILITY**

The organizers assume no liability for any loss, theft, damage, or injury to property or persons. Please do not leave valuables in the changing rooms!

► **FOOD AND REFRESHMENTS**

Opportunities to buy food and refreshments will be provided.

► **SANITARY FACILITIES**

Sufficient changing rooms are available in the stadium athletes' areas. All changing rooms are equipped with toilets and showers. Separate toilets and showers on ground level are available for disabled athletes.

► **DIRECTIONS AND PARKING**

The stadium is located to the east of Zittau city centre close to the German-Polish border.

To access Weinauparkstadion: From B178/B96/B99 - Leipziger Straße - Chopinstraße.

Parking spaces are located in close proximity to the stadium area at Chopinstraße/Ringallee.



► COMPETITION SCHEDULE

Please note that the timetable is subject to change to ensure smooth running of the event.

Time	7 M	U10 M 8/9	U12 M 10/11	U14 M 12/13	U16 M 14/15	U18 M U20 M Men	7 W	U10 W 8/9	U12 W 10/11	U14 W 12/13	U16 W 14/15	U18 W U20 W Women
	2012	2011/10	2009/08	2007/06	2005/04	2003+	2012	2011/10	2009/08	2007/06	2005/04	2003+
	Group 1	Group 2/3					Group 4	Group 5/6				
09.40							Call Room					
09.50	Call Room											
10.00			Long Jump 3/4		Shot Put	Long Jump 1	50m F	Call Room	High Jump 1/2	75m R1 '12		Long Jump 2
10.10	50m F									75m R1 '13		
10.20		Call Room		75m R1 '12				50m R1 '8				
10.30	Ball Throw 1			75m R1 '13			Ball Throw 2	50m R1 '9				
10.40		50m R1 '8									100m R1'14	
10.50		50m R1 '9						Ball Throw 1/2			100m R1'15	
11.00				Shot Put						High Jump 1/2		
11.10	Long Jump 3				100m R1'14		Long Jump 4		50m R1 '10		Long Jump 1/2	
11.20					100m R1'15				50m R1 '11			
11.30		Ball Throw 1/2	50m R1 '10									100m F
11.40			50m R1 '11			100m F						
11.45								Long Jump 3/4				
12.00			High Jump 1/2		100m F	Javelin						Shot Put
12.10					Long Jump 1/2					Ball Throw 1/2		
12.30	Awards						Awards					
12.35											100m F	
12.45				75m F								
12.50										75m F	Javelin	
12.55		50m F										
13.00				High Jump 1/2					50m F			
13.05			50m F									
13.10		Long Jump 3/4						50m F	Long Jump 1/2	Shot Put		
13.20			Ball Throw 1/2		3.000m F	3.000m F					3.000m F	3.000m F
13.20						5.000m F						5.000m F
13.50					Javelin	4x400m						4x400m
14.00				Ball Throw 1/2				4x50m			High Jump 1	High Jump 2
14.10			4x50m			Shot Put						
14.20		4x50m										
14.30									4x50m			
14.40										4x75m		
14.50				4x75m					Ball Throw 1/2			
14.55										Long Jump 3/4		
15.00					4x100m							
15.05				Long Jump 1/2								
15.10											4x100m	Javelin
15.20					High Jump 1	High Jump 2		800m F				
15.25											Shot Put	
15.30		800m F										
15.40			800m F									
15.50									800m F			
16.00						1.500m F						1.500m F
16.15					800m F	800m F						
16.20											800m F	800m F
16.25				800m F								
16.30										800m F		

50m = opposite straight stretch



► **EVENT FACILITIES**

- 50m heats: stadium opposite straight stretch
- High Jump 1+2: stadium A 04/1 and 2
- Long Jump 1+2: stadium A 02/1 and 2
- Long Jump 3+4: multi-purpose facility B 02/3 and 4
- Javelin Throw: stadium A 07/1
- Shot Put: throw facilities C 08/2
- Ball Throw 1+2: area between stadium A and throw facilities C

